



## SERVAS PYRENEES INTERNATIONAL TREK 2024 – SOMPORT (HUESCA)



Servas Pyrenees  
International trek  
2024  
**SOMPORT**

### SERVAS INTERNATIONAL TREK 2024-SOMPORT

AUGUST 25 TO 31

#### **PRESENTATION:**

One more year, we present an activity for lovers of hiking, mountains, and natural spaces to enjoy as a group in a meeting that is also about friendship and coexistence.

This year the proposal is to do part of “LA SENDA DE CAMILLE” a journey through unspoiled places in the central Pyrenees on both the Spanish and the French side.

The Camille Path is a journey with an average of six hours of walking per stage, which requires good physical condition. Some stages have been modified to adapt to our circumstances.

In this document, you have all the information. Read it carefully to find out all the possibilities and to know the degrees of difficulty, the refuges/hostels that we are going to visit and all the proposals that we have made for you.

This activity is organized by Servas volunteers. The fact of voluntarily registering for this mountain activity means that the participant assumes and accepts the possible problems that they could come across.

Logically, this activity is organized by people who love the mountains and know their difficulties. The type of routes that are programmed are aimed at those who already have experience and the necessary physical conditions. That is why we ask that everyone evaluates their conditions before signing up.



**Bring appropriate equipment for mountain hiking, footwear, clothing, cap, poles, etc.**

**IT IS REQUIRED TO HAVE A MOUNTAIN INSURANCE CARD**

**protection from the sun, cold, rain, wind...**



### TO REGISTER:

form (will be activated on April 25, 2024)

<https://forms.gle/t9CDWKD95saDh3tf8>

contact by WhatsApp: +034 695 510 710

We will make two groups

- 1. HARD TREK for 15 people**
- 2. MEDIUM TREK for 25 people**

Starting April 25, a pre-registration form will be opened.

Later we will send an email to all registered people to complete the payment process.

Final registration is valid when payment is made.

We will respect the order of payment until the places for the two different groups are filled.

We cannot expand the places we currently have available.



### ATTENTION:

The starting places of the Hard Trek and the Medium trek are different.

### STAGES: “Sendica de Camille” Hard trek Servas Pyrenees

**August 25** – Start of activity - from 5:00 p.m. Dinner is included.

Aysa Hostel. Collado de Somport on the Spain-France border between Jaca and Oloron. Highway N330 Spanish side and N134 French side. Public bus transportation from Jaca and Oloron

#### August 26 - SOMPORT – ARLET

We begin by descending 300 m to the Gave de Aspe and then ascending 700 m to the Arlet lake and refuge. First through beech forests and then through mountain meadows  
6-7h 18.9km

#### August 27 – Arlet – Oza

Descent of 600 m for almost the entire stage through Aguatuerta (1) (Aguas Tuertas) and Guarrinza. At the Aguatuerta dolmen, meeting with the medium trek group  
5-6h 18km

#### August 28 – Oza – Gabardito

First part along the path of the Roman road and the Mouth of Hell. Meeting with the medium group in the Torre del Sil. At the end of the stage there is a steep climb to Gabardito 300 m  
4.30am 8.5km

#### August 29 – Gabardito – Lízara

Climb 600 m together to Foraton Hill. From there, an easy but steep climb of 600 m to Bisaurin (2,600 m), the highest peak in the Western Valleys natural park.

Return to Foraton hill and go down 500 m to Lízara refuge.  
6h 15.6km

- (1) On the maps it appears as **Aguas Tuertas**, but in the local language also as "Aguatuerta". This is to avoid creating confusion.

## SERVAS PYRENEES INTERNATIONAL TREK 2024 – SOMPORT (HUESCA)

### August 30 – Lízara (Lizara) – Somport

We climb 500 m to Plana Mitresa and Valle de los Sarrios (local mountain goats). From there, descend 300 m to the Estanés lake. Then, levelling through the Beech Forest, cross the Gave de Aspe through the Paso de la Chorrotá and with a slight climb reach Candanchú. Along the Camino de Santiago, climb 150 m to the Somport refuge. The medium trek arrives there, we have dinner together and enjoy a magical night at the border of France and Spain.

6-7 hours 17.4 km

### August 31

FINAL: After breakfast, family photo, hugs, and goodbye.

### STAGES: Pyrenees Servas medium group

**August 25** – Arrival, reception from 5 p.m. and dinner at **Borda Bisaltico**.

Borda Bisaltico at the entrance to the Selva de Oza. Access by road A176 to Hecho and then 8 more km to the signposted detour to the right at the entrance to Bisaltico. Public transport by bus from Jaca and Pamplona to Hecho. We could wait there for the bus arrival in the afternoon if anyone needed it.

Introducing yourself game.

**August 26** - **Botanical Route** and work on plants.

**August 27** - by car to **Guarans** and on foot to **Aguastuertas**

**August 28** - On foot along the **Roman road** to **Oza**

**August 29** – By car to **Gabardito** and on foot to Collado **Foratón**

**August 30** - **Lízara-Somport**. by car to Somport visiting the **San Juan de la Peña monastery** and the **Pico de San Salvador** along the way.

“fiesta” the two groups together.

**August 31** - Breakfast, family photo and farewell.



There are three days that the 2 groups meet.

- **day 27** Aguastuertas Dolmen
- **day 28** Tower of the Roman road
- **day 29** Gabardito road to Foratón hill
- **and on the 30th** we are all in SOMPORT

### ACCOMMODATION:

- Hard trek: Somport, Arlet, Oza, Gabardito and Lízara
- Medium trek: Borda Bisaltico, Somport/Candanchú
- Last night for all in Somport.

How much do we have to pay?

**HARD TREK 436 €** Includes accommodation in 5 refuges and meals (25 dinner to 31 breakfast)

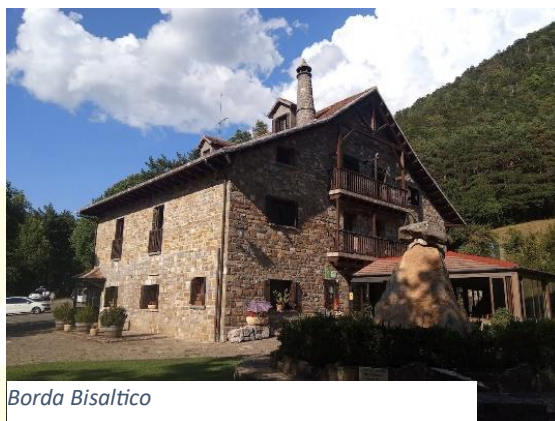
**MEDIUM TREK 417 €** Includes accommodation in Borda Bisaltico and Somport/Candanchú and meals (25 dinner to 31 breakfast)



## GALERÍA DE FOTOS:



Refugio de Arlet



Borda Bisaltico



Refugio de Gabarito



Refugio Selva de Oza



Refugio de Lizara



Núria 2023

### ORGANIZERS

- Gabriel López,
- Alba Santaetulària,
- Ramona Santaetulària,
- María José Espuelas,
- Anna García,
- Francisco Domínguez,
- Luis Miguel Avendaño

This team, during 2023 and 2024, has been meeting virtually on several occasions to prepare this activity. Some previous tours have also been organized to know the details.

A WhatsApp group will be created to communicate between participants. We ask that you use it exclusively for the topics of the meeting as it can be very useful. Photos can be uploaded but limit the number so as not to burden the group too much.

### RECOMMENDATIONS IN PARKS AND NATURAL AREAS

- Be respectful of everything you find on your path
- Do not leave garbage outdoors. Making fire is prohibited.
- Do not uproot plants or disturb animals.
- Better to wear brightly coloured clothing and do not go off the established routes for safety.
- Try not to drink water from rivers or streams.
- Each participant must evaluate his or her personal effort and the risk of the route based on his or her ability.

